



April Lunch Menu

BISHOP

What do the colors on the menu mean?

GREEN = locally-sourced
* = vegetarian entree

All grains served are whole grain rich
Student's choice of skim or 1% milk provided at every meal.

Menu subject to change based on availability

This institution is an equal opportunity provider

HAPPY EARTH DAY!

Celebrate Earth Day on April 22nd by spending time outside, picking up litter, or preventing food waste. This year's theme is Our Power, Our Planet!



Monday	Tuesday	Wednesday	Thursday	Friday
no school 30	no school 31	no school 1	no school 2	no school 3
no school 6	pulled bbq chicken sandwich veggie burger on a bun* black eyed peas* coleslaw fresh grapes 7	pepperoni pizza cheese pizza* mixed greens salad cucumber coins balsamic dressing orange wedges 8	herb roasted chicken veggie chik'n nuggets* penne pasta with alfredo sauce roll roasted broccoli herb roasted butternut squash fresh pear 9	orange glazed chicken orange glazed tofu* brown rice steamed carrots steamed green peas cantaloupe 10
crispy fish sandwich veggie burger on a bun* hot sauce steamed corn tangy cilantro-lime slaw fresh grapes 13	herb roasted chicken drum veggie chik'n nuggets* cornbread muffin butternut squash puree steamed green beans fresh apple 14	turkey ham & cheddar melt grilled cheese* roasted broccoli sweet potato wedges ketchup orange wedges 15	no school 16	no school 17
taco beef chipotle pinto beans* shredded cheddar tortillas roasted tomato salsa steamed corn fresh grapes 20	cheese pizza* mixed greens salad balsamic dressing cucumber coins fresh apple 21	crispy chicken tender veggie chik'n nuggets* whole grain waffles braised collard greens sweet potato hash ketchup syrup orange wedges 22	turkey sloppy joe on a bun lentil sloppy joe on a bun* roasted red potatoes ketchup lemon garlic kale salad fresh pear 23	sweet chili chicken sweet chili tofu* brown rice ginger soy broccoli steamed carrots cantaloupe 24
chicken & black bean empanadas cheese quesadilla* roasted tomato salsa honey lime corn fresh grapes 27	beef burger on a bun veggie burger on a bun* ketchup mustard roasted red potatoes cucumber salad fresh apple 28	hot honey chicken drum hot honey veggie chik'n nuggets* cornbread muffin cinnamon roasted butternut squash roasted cauliflower orange wedges 29	turkey meatballs & sauce lentil bolognese* whole grain rotini pasta roasted broccoli fresh pear 30	baked fish sticks red beans* hot sauce yellow rice steamed green beans sauteed cabbage cantaloupe 1

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

Menu Name: Private/Charter Lunch K-8 **Include Cost:** No
Site: 32 - Bishop
Use Alternate Menu Name: Alternate Menu Name 1

Monday - 03/30/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991003 chicken & black bean empanadas	2 ea	0	280	1.50	968	1.00	0.00	5.99	0.00	45	39.93	4.99	16.97	*N/A*	29.9	*N/A*	2.90
990674 cheese quesadilla*	2 ea	0	394	13.93	631	1.93	0.00	22.83	0.00	50	29.03	3.86	15.86	*N/A*	477.2	0.00	0.00
990870 roasted tomato salsa	2 oz	0	17	0.01	261	1.86	*0.00	0.05	*0.00	0	3.46	0.71	0.70	*0	13.6	*0.92	0.13
999232 honey lime corn	4 oz	0	183	1.84	110	3.01	*0.91	12.26	*0.00	6	18.63	1.93	2.64	*0	7.3	5.66	0.54
999050 fresh grapes	4 oz	0	61	0.10	2	14.74	0.00	0.32	0.00	0	15.56	0.82	0.57	*N/A*	12.7	3.63	0.26
000231 Skim Milk	8 oz	0	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	0	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	0	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			0	0.00	0	0.00	*0.00	0.00	*0.00	0	0.00	0.00	0.00	*0	0.0	*0.00	0.00
% of Calories				0%		0%	*0%	0%	*0%		0%		0%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Tuesday - 03/31/2026

Reimbursable Meal Total 1

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000235 beef burger on a bun	1 ea	0	339	4.70	332	2.04	*2.00	12.69	0.34	80	27.53	3.15	29.79	*0	33.6	0.05	3.97
000409 veggie burger on a bun*	1 ea	0	360	1.50	680	3.00	2.00	14.00	0.00	0	36.00	6.00	26.00	*N/A*	90.0	0.00	7.24
000556 ketchup	1 ea	0	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000557 mustard	1 ea	0	0	0.00	84	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
990054 roasted red potatoes	2 oz	0	43	0.18	55	*0.01	*0.00	1.19	0.00	0	7.45	0.81	0.90	*0	*5.1	*3.97	*0.35
000134 cucumber salad	4 oz	0	59	0.68	96	*1.77	*0.00	4.59	*0.00	0	4.01	0.66	0.68	*0	*18.1	*2.83	*0.36
000673 fresh apple	1 ea	0	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000231 Skim Milk	8 oz	0	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	0	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	0	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			0	0.00	0	*0.00	*0.00	0.00	*0.00	0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		*0%	*0%	0%	*0%		0%		0%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Wednesday - 04/01/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991028 hot honey chicken drum	1 ea	0	306	3.45	447	17.42	*17.40	12.90	0.07	129	18.04	0.13	25.48	*0	14.1	0.15	1.12

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991029 hot honey veggie chik'n nuggets*	5 ea	0	448	0.60	1224	47.59	*46.40	9.56	0.00	0	68.06	4.89	18.09	*N/A*	87.0	0.28	3.70
000851 cornbread muffin	1 ea	0	220	1.00	115	18.00	18.00	8.00	0.00	20	36.00	1.00	3.00	*N/A*	27.0	0.00	1.00
990222 cinnamon roasted butternut squash	2 oz	0	40	0.22	62	*0.34	*0.34	1.50	*0.00	0	6.91	1.18	0.72	*0	*22.4	*9.30	*0.45
000651 roasted cauliflower	4 oz	0	37	0.30	125	1.98	*0.00	1.41	0.00	0	5.38	2.11	2.04	*0	*23.2	*49.74	*0.46
000135 orange wedges	3 ea	0	43	0.01	0	8.60	0.00	0.11	0.00	0	10.81	2.21	0.86	0	36.8	48.94	0.09
000231 Skim Milk	8 oz	0	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	0	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	0	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			0	0.00	0	*0.00	*0.00	0.00	*0.00	0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		*0%	*0%	0%	*0%		0%		0%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Thursday - 04/02/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000913 turkey meatballs & sauce	4 ea	0	183	2.16	556	5.23	*1.00	9.61	*0.00	45	11.00	1.59	14.61	*0	*46.4	*4.04	*1.42
999139 lentil bolognese*	6 oz	0	205	0.34	733	8.86	*0.46	2.35	*0.00	0	36.31	6.55	12.49	*0	*49.3	*4.29	*2.88
990353 whole grain rotini pasta	4 oz	0	111	0.32	101	0.50	*0.00	2.99	0.00	0	19.50	3.50	4.00	*0	*15.6	*0.00	*1.00

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000647 roasted broccoli	4 oz	0	55	0.43	126	1.65	*0.00	2.60	0.00	0	6.66	2.55	2.78	*0	*45.9	*86.10	*0.73
000884 fresh pear	1 ea	0	101	0.04	2	17.36	*N/A*	0.25	0.00	0	27.11	5.52	0.64	*N/A*	16.0	7.65	0.32
000231 Skim Milk	8 oz	0	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	0	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	0	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			0	0.00	0	0.00	*0.00	0.00	*0.00	0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		0%	*0%	0%	*0%		0%		0%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Friday - 04/03/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990631 baked fish sticks	2 ea	0	152	0.33	511	0.06	*0.00	3.01	*0.00	61	11.21	0.82	18.84	*0	*69.4	*0.07	*0.76
000351 red beans*	4 oz	0	170	0.66	109	0.33	*0.00	4.60	*0.00	0	24.12	7.92	8.66	*0	*49.9	*2.79	*3.58
000604 hot sauce	1 ea	0	2	0.00	92	0.00	0.00	0.00	0.00	0	0.00	0.30	0.00	*N/A*	0.0	0.00	0.00
000630 yellow rice	4 oz	0	151	0.26	151	0.47	*0.00	2.94	*0.00	0	27.10	2.08	3.76	*0	*6.7	*0.12	*1.11
000047 steamed green beans	4 oz	0	52	0.36	96	*0.01	*0.00	2.41	0.00	0	6.19	2.06	1.46	*0	*33.9	*10.12	*0.69
990081 sauteed cabbage	2 oz	0	19	0.13	59	1.29	*0.00	0.92	0.00	0	2.57	0.92	0.50	*0	*14.8	*12.37	*0.18

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990424 cantaloupe	4 oz	0	60	0.09	28	13.82	*N/A*	0.33	0.00	0	14.34	1.58	1.48	*N/A*	15.8	64.51	0.37
000231 Skim Milk	8 oz	0	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	0	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	0	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			0	0.00	0	*0.00	*0.00	0.00	*0.00	0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		*0%	*0%	0%	*0%		0%		0%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Monday - 04/06/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990724 taco beef	2 oz	0	168	4.14	190	1.04	*0.00	12.38	*0.41	39	3.55	1.21	10.88	*0	*23.3	*17.17	*1.83
000637 chili black beans*	4 oz	0	218	0.79	124	1.60	*0.00	4.92	*0.00	0	33.20	8.46	11.26	*0	*73.2	*8.68	*2.97
999209 cheese sauce	2 oz	0	91	3.66	265	0.00	0.00	6.40	0.00	18	2.74	0.00	4.57	*N/A*	145.4	*N/A*	0.00
990351 sour cream	1 oz	0	58	3.35	14	0.96	0.00	4.79	0.00	19	0.96	0.00	0.96	*N/A*	28.8	2.01	0.00
001087 corn tortilla chips	10 ea	0	142	1.01	116	0.00	0.00	6.08	0.00	0	20.25	2.02	2.02	*N/A*	20.2	0.00	0.00
990870 roasted tomato salsa	2 oz	0	17	0.01	261	1.86	*0.00	0.05	*0.00	0	3.46	0.71	0.70	*0	13.6	*0.92	0.13
000922 southwest taco corn	4 oz	0	110	0.56	274	2.27	*0.00	3.84	0.00	0	19.01	2.42	2.90	*2	*17.4	*13.53	*0.79

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999050 fresh grapes	4 oz	0	61	0.10	2	14.74	0.00	0.32	0.00	0	15.56	0.82	0.57	*N/A*	12.7	3.63	0.26
000231 Skim Milk	8 oz	0	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	0	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	0	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			0	0.00	0	0.00	*0.00	0.00	*0.00	0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		0%	*0%	0%	*0%		0%		0%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Tuesday - 04/07/2026

Reimbursable Meal Total 60

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000609 pulled bbq chicken sandwich	1 ea	57	289	1.09	563	10.25	9.50	5.75	0.00	57	36.79	3.02	23.61	*0	*24.9	*0.00	*1.84
000409 veggie burger on a bun*	1 ea	3	360	1.50	680	3.00	2.00	14.00	0.00	0	36.00	6.00	26.00	*N/A*	90.0	0.00	7.24
000029 black eyed peas*	4 oz	60	174	0.62	70	*0.40	*0.00	3.84	0.00	0	25.91	4.73	9.89	*0	*51.5	*5.18	*3.54
001090 coleslaw	2 oz	60	39	0.59	39	1.49	*0.00	3.20	*0.00	2	2.38	0.68	0.34	*0	11.4	6.89	0.12
000673 fresh apple	1 ea	0	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000231 Skim Milk	8 oz	29	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	29	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999050 fresh grapes	4 oz	60	61	0.10	2	14.74	0.00	0.32	0.00	0	15.56	0.82	0.57	*N/A*	12.7	3.63	0.26
Weighted Daily Average			663	3.19	799	*38.84	*9.29	14.79	*0.00	65	93.20	9.42	42.65	*72	*406.2	*16.19	*6.08
% of Calories				4.33%		*23.43 %	*5.60%	20.1%	*0.0%		56.2%		25.7%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Wednesday - 04/08/2026

Reimbursable Meal Total 60

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991043 pepperoni pizza	1 slice	57	290	5.17	625	3.17	1.17	11.50	0.00	29	31.17	3.00	15.99	*N/A*	310.0	*0.00	1.93
990978 cheese pizza*	1 slice	3	280	5.00	570	3.00	1.00	11.00	0.00	25	31.00	3.00	15.00	*N/A*	310.0	*N/A*	1.60
001148 mixed greens salad	4 oz	60	5	0.01	8	0.25	*N/A*	0.06	0.00	0	0.86	0.54	0.41	*N/A*	12.9	2.71	0.31
000033 cucumber coins	4 oz	60	11	0.03	1	1.22	*N/A*	0.08	0.00	0	2.66	0.37	0.48	*N/A*	11.7	2.05	0.20
000109 balsamic dressing	1 oz	60	94	1.28	77	0.18	*0.18	8.96	0.00	0	1.98	0.01	0.07	*0	*0.4	*0.00	*0.01
000135 orange wedges	3 ea	60	43	0.01	0	8.60	0.00	0.11	0.00	0	10.81	2.21	0.86	0	36.8	48.94	0.09
000231 Skim Milk	8 oz	29	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	29	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
999093 soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			540	7.26	827	25.72	*1.50	21.95	0.00	37	60.07	6.15	25.87	*72	*674.2	*54.19	*2.58
% of Calories				12.10 %		19.05%	*1.11%	36.6%	0.0%		44.5%		19.2%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Thursday - 04/09/2026

Reimbursable Meal Total 60

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
990218 herb roasted chicken	3 oz	57	105	0.61	146	0.02	*0.00	3.79	*0.00	57	0.36	0.19	17.71	*0	*11.0	*0.41	*0.57
990376 veggie chik'n nuggets*	5 ea	3	239	0.60	430	1.19	0.00	9.56	0.00	0	21.50	4.78	17.92	*N/A*	83.6	0.00	3.46
990300 penne pasta with alfredo sauce	4 oz	60	160	2.59	241	1.23	*0.00	6.48	0.00	10	20.12	3.32	7.19	*0	*118.8	*0.00	*0.89
000004 roll	1 ea	60	80	0.00	130	2.00	2.00	1.00	0.00	0	16.00	2.00	3.00	*N/A*	60.0	0.00	1.08
000647 roasted broccoli	4 oz	60	55	0.43	126	1.65	*0.00	2.60	0.00	0	6.66	2.55	2.78	*0	*45.9	*86.10	*0.73
990651 herb roasted butternut squash	2 oz	60	54	0.43	91	*0.02	*0.00	2.93	*0.00	0	6.95	1.28	0.80	*0	*26.3	*9.55	*0.66
000884 fresh pear	1 ea	60	101	0.04	2	17.36	*N/A*	0.25	0.00	0	27.11	5.52	0.64	*N/A*	16.0	7.65	0.32
000231 Skim Milk	8 oz	29	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	29	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999093 soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			660	4.87	869	*34.65	*2.17	18.60	*0.00	73	90.86	15.12	40.23	*72	*584.1	*104.19	*4.45
% of Calories				6.64%		*21.00 %	*1.32%	25.4%	*0.0%		55.1%		24.4%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Friday - 04/10/2026

Reimbursable Meal Total 60

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000467 orange glazed chicken	3 oz	57	203	0.84	321	18.40	*10.27	5.44	*0.00	57	20.42	0.21	18.37	*0	*23.1	*24.24	*0.47
990641 orange glazed tofu*	4 oz	3	242	0.72	332	18.39	*10.27	10.18	*0.00	0	25.06	3.11	12.70	*N/A*	*209.9	*24.21	*2.30
990356 brown rice	4 oz	60	136	0.23	137	0.32	*0.00	2.63	0.00	0	24.39	1.90	3.34	*0	*4.4	*0.08	*0.75
999148 steamed carrots	4 oz	60	46	0.04	77	5.27	*N/A*	0.27	0.00	0	10.65	3.11	1.03	*N/A*	36.7	6.56	0.33
001101 steamed green peas	2 oz	60	47	0.19	98	2.36	*0.00	1.31	0.00	0	6.44	2.13	2.47	*0	*10.4	*8.52	*0.72
990424 cantaloupe	4 oz	60	60	0.09	28	13.82	*N/A*	0.33	0.00	0	14.34	1.58	1.48	*N/A*	15.8	64.51	0.37
000231 Skim Milk	8 oz	29	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	29	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999093 soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			590	2.15	780	52.49	*10.43	11.47	*0.00	63	89.08	9.12	34.52	*72	*402.2	*104.38	*2.79
% of Calories				3.28%		35.59%	*7.07%	17.5%	*0.0%		60.4%		23.4%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Monday - 04/13/2026

Reimbursable Meal Total 60

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990362 crispy fish sandwich	1 ea	57	313	1.15	827	2.06	*2.00	7.25	*0.00	61	38.25	3.84	24.84	*0	*89.7	*0.07	*2.21
000409 veggie burger on a bun*	1 ea	3	360	1.50	680	3.00	2.00	14.00	0.00	0	36.00	6.00	26.00	*N/A*	90.0	0.00	7.24
000604 hot sauce	1 ea	60	2	0.00	92	0.00	0.00	0.00	0.00	0	0.00	0.30	0.00	*N/A*	0.0	0.00	0.00
000469 steamed corn	4 oz	60	88	0.34	96	2.06	*0.00	2.32	0.00	0	17.08	1.73	2.49	*0	*3.3	*5.28	*0.35
990100 tangy cilantro-lime slaw	2 oz	60	27	0.19	63	1.86	*0.35	1.34	0.00	0	3.55	1.04	0.54	*0	*17.9	*11.13	*0.27
999050 fresh grapes	4 oz	60	61	0.10	2	14.74	0.00	0.32	0.00	0	15.56	0.82	0.57	*N/A*	12.7	3.63	0.26
000231 Skim Milk	8 oz	29	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	29	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
999093 soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			590	2.57	1192	33.09	*2.51	12.83	*0.00	66	86.93	7.87	36.61	*72	*426.0	*20.59	*3.39
% of Calories				3.92%		22.43%	*1.70%	19.6%	*0.0%		58.9%		24.8%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Tuesday - 04/14/2026

Reimbursable Meal Total 60

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
000667 herb roasted chicken drum	1 ea	57	248	3.78	243	0.02	*0.00	15.17	*0.07	129	0.52	0.19	25.44	*0	*19.1	*0.41	*1.29
990376 veggie chik'n nuggets*	5 ea	3	239	0.60	430	1.19	0.00	9.56	0.00	0	21.50	4.78	17.92	*N/A*	83.6	0.00	3.46
000851 cornbread muffin	1 ea	60	220	1.00	115	18.00	18.00	8.00	0.00	20	36.00	1.00	3.00	*N/A*	27.0	0.00	1.00
990827 butternut squash puree	2 oz	60	59	0.35	51	*2.16	*2.16	2.36	*0.00	0	9.60	1.36	0.82	*0	*27.1	*10.40	*0.53
000047 steamed green beans	4 oz	60	52	0.36	96	*0.01	*0.00	2.41	0.00	0	6.19	2.06	1.46	*0	*33.9	*10.12	*0.69
000673 fresh apple	1 ea	60	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000231 Skim Milk	8 oz	29	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	29	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999093 soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			770	6.15	636	*51.48	*20.32	29.23	*0.06	151	91.09	9.24	38.92	*72	*423.7	*29.77	*3.90
% of Calories				7.19%		*26.74 %	*10.56 %	34.2%	*0.1%		47.3%		20.2%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Wednesday - 04/15/2026

Reimbursable Meal Total 60

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000390 turkey ham & cheddar melt	1 ea	57	301	5.31	712	6.00	0.00	11.59	0.00	50	32.50	4.00	20.09	*N/A*	322.5	*0.00	1.79
000539 grilled cheese*	1 ea	3	342	9.11	665	6.00	0.00	16.17	0.00	40	32.00	4.00	20.18	*N/A*	525.0	0.00	1.44
000647 roasted broccoli	4 oz	60	55	0.43	126	1.65	*0.00	2.60	0.00	0	6.66	2.55	2.78	*0	*45.9	*86.10	*0.73
999218 sweet potato wedges	2 oz	60	74	0.23	100	2.90	*0.00	1.52	*0.00	0	14.02	2.12	1.12	*0	*21.2	*1.66	*0.45
000556 ketchup	1 ea	60	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000135 orange wedges	3 ea	60	43	0.01	0	8.60	0.00	0.11	0.00	0	10.81	2.21	0.86	0	36.8	48.94	0.09
000231 Skim Milk	8 oz	29	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	29	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
999093 soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			582	6.94	1144	33.47	*2.17	17.31	*0.00	58	78.57	10.91	32.96	*72	*739.0	*137.19	*3.10
% of Calories				10.73 %		23.00%	*1.49%	26.8%	*0.0%		54.0%		22.7%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Friday - 04/17/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
000543 crispy chicken tender	1 ea	0	137	0.07	283	0.58	*0.00	0.87	*0.00	49	11.00	0.82	20.98	*0	38.9	2.66	1.26
000475 bbq baked beans*	4 oz	0	226	0.68	107	4.88	*2.86	4.61	*0.00	0	35.35	8.25	10.78	*0	*69.1	*3.52	*2.91
990845 mac & cheese	4 oz	0	214	6.17	398	0.42	0.00	10.24	0.00	27	20.69	2.12	10.26	*N/A*	222.2	0.00	0.00
999210 glazed carrots	4 oz	0	101	0.58	194	9.26	*3.16	4.05	0.00	0	15.76	3.65	1.26	*0	*45.7	*7.59	*0.43
001178 braised collard greens	2 oz	0	35	0.15	62	*0.76	*0.54	1.06	*0.00	0	5.58	2.77	1.94	*0	*108.5	*26.17	*0.19
990424 cantaloupe	4 oz	0	60	0.09	28	13.82	*N/A*	0.33	0.00	0	14.34	1.58	1.48	*N/A*	15.8	64.51	0.37
000231 Skim Milk	8 oz	0	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	0	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	0	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			0	0.00	0	*0.00	*0.00	0.00	*0.00	0	0.00	0.00	0.00	*0	*0.0	*0.00	*0.00
% of Calories				0%		*0%	*0%	0%	*0%		0%		0%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Monday - 04/20/2026

Reimbursable Meal Total 60

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990724 taco beef	2 oz	57	168	4.14	190	1.04	*0.00	12.38	*0.41	39	3.55	1.21	10.88	*0	*23.3	*17.17	*1.83
990327 chipotle pinto beans*	4 oz	3	191	0.41	116	*1.37	*0.00	2.67	*0.00	0	31.45	7.90	10.54	*0	*65.9	*3.71	*2.84
990210 shredded cheddar	2 oz	60	110	6.00	190	0.00	0.00	9.00	0.00	25	1.00	0.00	6.00	*N/A*	200.0	0.00	0.00
990269 tortillas	2 ea	60	174	1.93	251	1.93	0.00	4.83	0.00	0	27.03	3.86	3.86	*N/A*	77.2	0.00	0.00
990870 roasted tomato salsa	2 oz	60	17	0.01	261	1.86	*0.00	0.05	*0.00	0	3.46	0.71	0.70	*0	13.6	*0.92	0.13
000469 steamed corn	4 oz	60	88	0.34	96	2.06	*0.00	2.32	0.00	0	17.08	1.73	2.49	*0	*3.3	*5.28	*0.35
999050 fresh grapes	4 oz	60	61	0.10	2	14.74	0.00	0.32	0.00	0	15.56	0.82	0.57	*N/A*	12.7	3.63	0.26
000231 Skim Milk	8 oz	29	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	29	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999093 soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			716	13.10	1105	*33.97	*0.17	29.67	*0.39	71	81.68	8.70	32.60	*72	*634.7	*26.81	*2.68
% of Calories				16.47 %		*18.98 %	*0.09%	37.3%	*0.5%		45.6%		18.2%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Tuesday - 04/21/2026

Reimbursable Meal Total 60

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990978 cheese pizza*	1 slice	60	280	5.00	570	3.00	1.00	11.00	0.00	25	31.00	3.00	15.00	*N/A*	310.0	*N/A*	1.60
001148 mixed greens salad	4 oz	60	5	0.01	8	0.25	*N/A*	0.06	0.00	0	0.86	0.54	0.41	*N/A*	12.9	2.71	0.31
000109 balsamic dressing	1 oz	60	94	1.28	77	0.18	*0.18	8.96	0.00	0	1.98	0.01	0.07	*0	*0.4	*0.00	*0.01
000033 cucumber coins	4 oz	60	11	0.03	1	1.22	*N/A*	0.08	0.00	0	2.66	0.37	0.48	*N/A*	11.7	2.05	0.20
000673 fresh apple	1 ea	60	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000231 Skim Milk	8 oz	29	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	29	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
999093 soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			582	7.14	777	35.87	*1.34	21.68	0.00	33	74.24	8.31	24.53	*72	*648.3	*13.62	*2.39
% of Calories				11.04 %		24.65%	*0.92%	33.5%	0.0%		51.0%		16.9%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Wednesday - 04/22/2026

Reimbursable Meal Total 60

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
000543 crispy chicken tender	1 ea	57	137	0.07	283	0.58	*0.00	0.87	*0.00	49	11.00	0.82	20.98	*0	38.9	2.66	1.26
990376 veggie chik'n nuggets*	5 ea	3	239	0.60	430	1.19	0.00	9.56	0.00	0	21.50	4.78	17.92	*N/A*	83.6	0.00	3.46
990076 whole grain waffles	2 ea	60	130	0.50	230	4.00	2.00	3.50	0.00	5	23.00	3.00	4.00	*N/A*	50.0	*N/A*	1.00
001178 braised collard greens	2 oz	60	35	0.15	62	*0.76	*0.54	1.06	*0.00	0	5.58	2.77	1.94	*0	*108.5	*26.17	*0.19
990693 sweet potato hash	4 oz	60	178	0.70	360	7.26	*0.00	4.66	*0.00	0	31.72	5.06	2.79	*0	*50.4	*16.56	*1.12
000556 ketchup	1 ea	60	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
999100 syrup	1 ea	60	80	0.00	15	21.00	21.00	0.00	0.00	0	21.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
000135 orange wedges	3 ea	60	43	0.01	0	8.60	0.00	0.11	0.00	0	10.81	2.21	0.86	0	36.8	48.94	0.09
000231 Skim Milk	8 oz	29	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	29	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
999093 soy milk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			715	2.23	1167	*56.54	*25.71	11.90	*0.00	60	118.24	14.09	38.53	*72	*589.3	*94.69	*3.83
% of Calories				2.81%		*31.63 %	*14.38 %	15.0%	*0.0%		66.1%		21.6%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Thursday - 04/23/2026

Reimbursable Meal Total 60

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
000065 turkey sloppy joe on a bun	1 ea	57	303	2.75	468	8.26	*6.67	10.53	*0.00	87	35.50	3.86	19.36	*0	*77.1	*3.42	*3.18
990666 lentil sloppy joe on a bun*	1 ea	3	327	0.91	1105	10.62	*4.16	4.80	0.00	0	59.53	7.76	14.43	*0	*43.6	*9.12	*4.27
000386 roasted red potatoes	4 oz	60	86	0.35	110	*0.01	*0.00	2.37	0.00	0	14.90	1.62	1.79	*0	*10.2	*7.93	*0.69
000556 ketchup	1 ea	60	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990780 lemon garlic kale salad	4 oz	60	91	1.27	134	0.34	*0.00	8.94	0.00	0	1.78	1.12	0.85	*0	*65.4	*24.41	*0.44
000884 fresh pear	1 ea	60	101	0.04	2	17.36	*N/A*	0.25	0.00	0	27.11	5.52	0.64	*N/A*	16.0	7.65	0.32
000231 Skim Milk	8 oz	29	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	29	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999093 soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			690	5.09	955	*40.40	*8.71	23.06	*0.00	91	95.08	12.34	30.50	*72	*469.4	*44.19	*4.74
% of Calories				6.64%		*23.42 %	*5.05%	30.1%	*0.0%		55.1%		17.7%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Friday - 04/24/2026

Reimbursable Meal Total 60

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000668 sweet chili chicken	3 oz	57	163	0.59	310	10.02	*10.01	3.75	0.00	57	14.45	0.03	17.67	*N/A*	*11.8	*0.00	*0.54
990760 sweet chili tofu*	4 oz	3	211	0.48	325	12.00	*12.00	8.50	*0.00	0	21.69	2.95	11.74	*N/A*	*200.8	*0.00	*2.42
990356 brown rice	4 oz	60	136	0.23	137	0.32	*0.00	2.63	0.00	0	24.39	1.90	3.34	*0	*4.4	*0.08	*0.75
001170 ginger soy broccoli	2 oz	60	32	0.21	200	1.02	*0.18	1.25	*0.00	0	4.26	1.33	1.79	*N/A*	23.5	43.05	0.42
999148 steamed carrots	4 oz	60	46	0.04	77	5.27	*N/A*	0.27	0.00	0	10.65	3.11	1.03	*N/A*	36.7	6.56	0.33
990424 cantaloupe	4 oz	60	60	0.09	28	13.82	*N/A*	0.33	0.00	0	14.34	1.58	1.48	*N/A*	15.8	64.51	0.37
000231 Skim Milk	8 oz	29	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	29	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
999093 soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			536	1.93	872	42.85	*10.45	9.73	*0.00	63	81.05	8.15	33.12	*72	*404.1	*114.68	*2.57
% of Calories				3.24%		31.98%	*7.80%	16.3%	*0.0%		60.5%		24.7%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Monday - 04/27/2026

Reimbursable Meal Total 60

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
991003 chicken & black bean empanadas	2 ea	57	280	1.50	968	1.00	0.00	5.99	0.00	45	39.93	4.99	16.97	*N/A*	29.9	*N/A*	2.90
990674 cheese quesadilla*	2 ea	3	394	13.93	631	1.93	0.00	22.83	0.00	50	29.03	3.86	15.86	*N/A*	477.2	0.00	0.00
990870 roasted tomato salsa	2 oz	60	17	0.01	261	1.86	*0.00	0.05	*0.00	0	3.46	0.71	0.70	*0	13.6	*0.92	0.13
999232 honey lime corn	4 oz	60	183	1.84	110	3.01	*0.91	12.26	*0.00	6	18.63	1.93	2.64	*0	7.3	5.66	0.54
999050 fresh grapes	4 oz	60	61	0.10	2	14.74	0.00	0.32	0.00	0	15.56	0.82	0.57	*N/A*	12.7	3.63	0.26
000231 Skim Milk	8 oz	29	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	29	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999093 soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			643	4.84	1442	32.97	*1.07	20.72	*0.00	59	89.64	8.42	28.94	*72	388.3	*10.69	3.74
% of Calories				6.77%		20.51%	*0.67%	29.0%	*0.0%		55.8%		18.0%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Tuesday - 04/28/2026

Reimbursable Meal Total 60

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000235 beef burger on a bun	1 ea	57	339	4.70	332	2.04	*2.00	12.69	0.34	80	27.53	3.15	29.79	*0	33.6	0.05	3.97
000409 veggie burger on a bun*	1 ea	3	360	1.50	680	3.00	2.00	14.00	0.00	0	36.00	6.00	26.00	*N/A*	90.0	0.00	7.24
000556 ketchup	1 ea	60	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000557 mustard	1 ea	60	0	0.00	84	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
990054 roasted red potatoes	2 oz	60	43	0.18	55	*0.01	*0.00	1.19	0.00	0	7.45	0.81	0.90	*0	*5.1	*3.97	*0.35
000134 cucumber salad	4 oz	60	59	0.68	96	*1.77	*0.00	4.59	*0.00	0	4.01	0.66	0.68	*0	*18.1	*2.83	*0.36
000673 fresh apple	1 ea	60	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000231 Skim Milk	8 oz	29	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	29	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999093 soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			644	6.22	795	*37.09	*4.17	20.10	*0.32	84	79.15	9.15	39.76	*72	*372.9	*15.70	*5.12
% of Calories				8.69%		*23.04 %	*2.59%	28.1%	*0.4%		49.2%		24.7%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Wednesday - 04/29/2026

Reimbursable Meal Total 60

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991028 hot honey chicken drum	1 ea	57	306	3.45	447	17.42	*17.40	12.90	0.07	129	18.04	0.13	25.48	*0	14.1	0.15	1.12
991029 hot honey veggie chik'n nuggets*	5 ea	3	448	0.60	1224	47.59	*46.40	9.56	0.00	0	68.06	4.89	18.09	*N/A*	87.0	0.28	3.70
000851 cornbread muffin	1 ea	60	220	1.00	115	18.00	18.00	8.00	0.00	20	36.00	1.00	3.00	*N/A*	27.0	0.00	1.00
990222 cinnamon roasted butternut squash	2 oz	60	40	0.22	62	*0.34	*0.34	1.50	*0.00	0	6.91	1.18	0.72	*0	*22.4	*9.30	*0.45
000651 roasted cauliflower	4 oz	60	37	0.30	125	1.98	*0.00	1.41	0.00	0	5.38	2.11	2.04	*0	*23.2	*49.74	*0.46
000135 orange wedges	3 ea	60	43	0.01	0	8.60	0.00	0.11	0.00	0	10.81	2.21	0.86	0	36.8	48.94	0.09
000231 Skim Milk	8 oz	29	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	29	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
999093 soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			751	5.61	906	*60.16	*37.35	25.02	*0.06	151	92.24	6.90	39.84	*72	*429.6	*108.62	*3.30
% of Calories				6.72%		*32.04 %	*19.89 %	30.0%	*0.1%		49.1%		21.2%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Thursday - 04/30/2026

Reimbursable Meal Total 60

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
000913 turkey meatballs & sauce	4 ea	57	183	2.16	556	5.23	*1.00	9.61	*0.00	45	11.00	1.59	14.61	*0	*46.4	*4.04	*1.42
999139 lentil bolognese*	6 oz	3	205	0.34	733	8.86	*0.46	2.35	*0.00	0	36.31	6.55	12.49	*0	*49.3	*4.29	*2.88
990353 whole grain rotini pasta	4 oz	60	111	0.32	101	0.50	*0.00	2.99	0.00	0	19.50	3.50	4.00	*0	*15.6	*0.00	*1.00
000647 roasted broccoli	4 oz	60	55	0.43	126	1.65	*0.00	2.60	0.00	0	6.66	2.55	2.78	*0	*45.9	*86.10	*0.73
000884 fresh pear	1 ea	60	101	0.04	2	17.36	*N/A*	0.25	0.00	0	27.11	5.52	0.64	*N/A*	16.0	7.65	0.32
000231 Skim Milk	8 oz	29	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	29	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999093 soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			548	3.63	912	37.23	*1.14	16.35	*0.00	51	78.14	13.44	30.03	*72	*426.5	*98.29	*3.60
% of Calories				5.96%		27.18%	*0.83%	26.9%	*0.0%		57.0%		21.9%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

Friday - 05/01/2026

Reimbursable Meal Total 60

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990631 baked fish sticks	2 ea	57	152	0.33	511	0.06	*0.00	3.01	*0.00	61	11.21	0.82	18.84	*0	*69.4	*0.07	*0.76
000351 red beans*	4 oz	3	170	0.66	109	0.33	*0.00	4.60	*0.00	0	24.12	7.92	8.66	*0	*49.9	*2.79	*3.58
000604 hot sauce	1 ea	55	2	0.00	92	0.00	0.00	0.00	0.00	0	0.00	0.30	0.00	*N/A*	0.0	0.00	0.00
000630 yellow rice	4 oz	60	151	0.26	151	0.47	*0.00	2.94	*0.00	0	27.10	2.08	3.76	*0	*6.7	*0.12	*1.11
000047 steamed green beans	4 oz	60	52	0.36	96	*0.01	*0.00	2.41	0.00	0	6.19	2.06	1.46	*0	*33.9	*10.12	*0.69
990081 sauteed cabbage	2 oz	60	19	0.13	59	1.29	*0.00	0.92	0.00	0	2.57	0.92	0.50	*0	*14.8	*12.37	*0.18
990424 cantaloupe	4 oz	60	60	0.09	28	13.82	*N/A*	0.33	0.00	0	14.34	1.58	1.48	*N/A*	15.8	64.51	0.37
000231 Skim Milk	8 oz	29	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	29	102	1.54	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Planned Menu Spreadsheet

Portion Values

Mar 30, 2026 thru May 1, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
999093 soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			535	1.96	1028	*27.98	*0.17	10.95	*0.00	66	74.65	8.13	33.64	*72	*442.1	*87.82	*3.30
% of Calories				3.30%		*20.92 %	*0.13%	18.4%	*0.0%		55.8%		25.2%				
Weekly Nutrient Guideline			600 - 650	<10	1110		<10										

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	448	4	675	*28.12	*5.78	13.14	*0.03	52	60.58	6.89	24.30	*51	*352.5	*45.07	*2.56
% of Calories		7.11%		*25.11 %	*5.16%	26.4%	*0.1%		54.1%		21.7%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the State or local Agency that administers the program or contact USDA through the Telecommunications Relay Service at 711 (voice and TTY). Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at [How to File a Program Discrimination Complaint](#) and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

USDA is an equal opportunity provider, employer, and lender.