



February Breakfast Menu

BISHOP

What do the colors on the menu mean?

GREEN = locally-sourced
* = vegetarian entree

All grains served are whole grain rich
Student's choice of skim or 1% milk provided at every meal.

Menu subject to change based on availability

This institution is an equal opportunity provider



Monday	Tuesday	Wednesday	Thursday	Friday
2 honey bunches of oats fresh apple	3 bagel cream cheese jelly cheese stick orange wedges	4 cinnamon chex cantaloupe	5 turkey ham & cheese on a croissant croissant* jelly* orange wedges	6 banana bread hard boiled egg honeydew
9 blueberry chex fresh apple	10 english muffin jelly butter yogurt orange wedges	11 bagel cream cheese jelly cheese stick cantaloupe	12 no school	13 no school
16 no school	17 strawberry shredded wheat fresh apple	18 turkey ham & cheese on a croissant croissant* jelly* cantaloupe	19 bagel cream cheese jelly yogurt orange wedges	20 pineapple carrot bread hard boiled egg honeydew
23 cinnamon chex fresh apple	24 bagel cream cheese jelly yogurt orange wedges	25 english muffin jelly butter cheese stick cantaloupe	26 blueberry chex orange wedges	27 pumpkin bread hard boiled egg honeydew

BLACK HISTORY MONTH

A Century of Black History Commemorations

Black History Month began **100 years ago** when Dr. Carter G. Woodson created a week to honor Black history, which later grew into a month celebrating African American achievements.

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

Menu Name: Private/Charter COLD Breakfast K-12 **Include Cost:** No
Site:
Use Alternate Menu Name: Alternate Menu Name 1

Monday - 02/02/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991012 honey bunches of oats	1 ea	100	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
000673 fresh apple	1 ea	100	95	0.05	2	18.91	*N/A*	0.31	0.00	0	25.13	4.37	0.47	*N/A*	10.9	8.37	0.22
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	*N/A*	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	1.54	107	12.69	*N/A*	2.37	*N/A*	12	12.18	0.00	8.22	*N/A*	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 soy milk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			403	1.13	246	42.38	*10.00	4.47	*0.00	10	82.57	8.37	12.63	*45	*314.4	*8.67	*0.27
% of Calories				2.52%		42.06%	*9.93%	10.0%	*0.0%		82.0%		12.5%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10	<=0									

Tuesday - 02/03/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000001 bagel	1 ea	100	171	0.00	331	5.70	4.56	1.14	0.00	0	34.21	4.56	6.84	*N/A*	0.0	0.00	0.00
990427 cream cheese	1 ea	100	51	3.04	142	1.01	0.00	4.56	0.00	15	2.02	0.00	0.38	*N/A*	*N/A*	0.00	0.00

Base Menu Spreadsheet

DC Central Kitchen

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000886 jelly	1 ea	100	35	0.00	0	9.00	8.00	0.00	0.00	0	9.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
999091 cheese stick	1 ea	100	110	6.00	190	0.00	0.00	9.00	0.00	25	0.00	0.00	7.00	*N/A*	200.0	*N/A*	0.00
000812 orange wedges	6 ea	100	86	0.03	0	17.20	*N/A*	0.22	0.00	0	21.62	4.42	1.73	*N/A*	73.6	97.89	0.18
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	*N/A*	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	1.54	107	12.69	*N/A*	2.37	*N/A*	12	12.18	0.00	8.22	*N/A*	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			552	10.15	777	45.39	*12.56	16.58	*0.00	50	79.29	8.98	24.11	*45	*577.0	*98.19	0.23
% of Calories				16.55 %		32.89%	*3.31%	27.0%	*0.0%		57.5%		17.5%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10	<=0									

Wednesday - 02/04/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990984 cinnamon chex	1 ea	100	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00
990421 cantaloupe	8 oz	100	120	0.18	56	27.63	*N/A*	0.67	0.00	0	28.69	3.16	2.95	*N/A*	31.6	129.01	0.74
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	*N/A*	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	1.54	107	12.69	*N/A*	2.37	*N/A*	12	12.18	0.00	8.22	*N/A*	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Base Menu Spreadsheet

DC Central Kitchen

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			448	1.76	511	52.11	*12.00	7.33	*0.00	10	87.12	6.16	14.11	*45	660.1	*152.31	27.79
% of Calories				3.54%		46.53%	*10.71 %	14.7%	*0.0%		77.8%		12.6%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10	<=0									

Thursday - 02/05/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990916 turkey ham & cheese on a croissant	1 ea	95	331	8.31	622	4.00	3.00	16.59	0.00	50	29.50	3.00	19.09	*N/A*	228.5	*0.00	1.79
990826 croissant	1 ea	5	190	3.00	190	4.00	3.00	7.00	0.00	0	29.00	3.00	5.00	*N/A*	26.0	0.00	1.44
000603 jelly	1 ea	5	35	0.00	0	9.00	8.00	0.00	0.00	0	9.00	0.00	0.00	*N/A*	0.0	0.00	0.00
000812 orange wedges	6 ea	100	86	0.03	0	17.20	*N/A*	0.22	0.00	0	21.62	4.42	1.73	*N/A*	73.6	97.89	0.18
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	*N/A*	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	1.54	107	12.69	*N/A*	2.37	*N/A*	12	12.18	0.00	8.22	*N/A*	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			511	9.15	715	34.13	*3.40	17.99	*0.00	58	63.98	7.42	28.27	*45	595.4	*98.19	2.01
% of Calories				16.12 %		26.72%	*2.35%	31.7%	*0.0%		50.1%		22.1%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10	<=0									

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

Friday - 02/06/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990037 banana bread	2 wt oz	100	166	0.72	110	15.79	*13.97	4.36	*0.00	17	29.63	1.73	2.76	*N/A*	*30.3	*1.27	*0.96
000882 hard boiled egg	1 ea	100	78	1.63	62	0.56	0.00	5.30	0.00	186	0.56	0.00	6.29	*N/A*	25.0	0.00	0.60
990436 honeydew	8 oz	100	133	0.14	67	30.07	0.00	0.52	0.00	0	33.66	2.96	2.00	*N/A*	22.2	66.65	0.63
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	*N/A*	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	1.54	107	12.69	*N/A*	2.37	*N/A*	12	12.18	0.00	8.22	*N/A*	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			476	3.58	354	58.89	*13.97	11.85	*0.00	213	76.28	4.69	19.21	*45	*380.9	*68.22	*2.23
% of Calories				6.77%		49.49%	*11.74 %	22.4%	*0.0%		64.1%		16.1%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10	<=0									

Monday - 02/09/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990985 blueberry chex	1 ea	100	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
000673 fresh apple	1 ea	100	95	0.05	2	18.91	*N/A*	0.31	0.00	0	25.13	4.37	0.47	*N/A*	10.9	8.37	0.22
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	*N/A*	5	13.00	0.00	8.00	150	300.0	1.00	0.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000230 1% Lowfat Milk	8 oz	69	102	1.54	107	12.69	*N/A*	2.37	*N/A*	12	12.18	0.00	8.22	*N/A*	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			433	1.63	436	42.38	*11.00	6.97	*0.00	10	83.57	5.37	11.63	*45	639.4	*31.67	32.27
% of Calories				3.39%		39.15%	*10.16 %	14.5%	*0.0%		77.2%		10.7%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10	<=0									

Tuesday - 02/10/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000448 english muffin	1 ea	100	120	0.00	150	1.00	1.00	1.50	0.00	0	25.00	3.00	6.00	*N/A*	*N/A*	*N/A*	*N/A*
000603 jelly	1 ea	100	35	0.00	0	9.00	8.00	0.00	0.00	0	9.00	0.00	0.00	*N/A*	0.0	0.00	0.00
000488 butter	1 ea	100	36	2.57	32	0.00	0.00	4.06	0.16	11	0.00	0.00	0.04	*N/A*	1.2	0.00	0.00
990703 yogurt	1 ea	100	82	0.00	69	12.00	7.00	0.00	0.00	0	16.00	0.00	3.00	*N/A*	312.5	0.30	0.00
000812 orange wedges	6 ea	100	86	0.03	0	17.20	*N/A*	0.22	0.00	0	21.62	4.42	1.73	*N/A*	73.6	97.89	0.18
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	*N/A*	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	1.54	107	12.69	*N/A*	2.37	*N/A*	12	12.18	0.00	8.22	*N/A*	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			459	3.68	365	51.68	*16.00	7.43	*0.16	21	84.05	7.42	18.93	*45	*690.8	*98.49	*0.24
% of Calories				7.22%		45.04%	*0.87%	14.6%	*0.3%		73.2%		16.5%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10	<=0									

Wednesday - 02/11/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000001 bagel	1 ea	100	171	0.00	331	5.70	4.56	1.14	0.00	0	34.21	4.56	6.84	*N/A*	0.0	0.00	0.00
990427 cream cheese	1 ea	100	51	3.04	142	1.01	0.00	4.56	0.00	15	2.02	0.00	0.38	*N/A*	*N/A*	0.00	0.00
000886 jelly	1 ea	100	35	0.00	0	9.00	8.00	0.00	0.00	0	9.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
999091 cheese stick	1 ea	100	110	6.00	190	0.00	0.00	9.00	0.00	25	0.00	0.00	7.00	*N/A*	200.0	*N/A*	0.00
990421 cantaloupe	8 oz	100	120	0.18	56	27.63	*N/A*	0.67	0.00	0	28.69	3.16	2.95	*N/A*	31.6	129.01	0.74
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	*N/A*	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	1.54	107	12.69	*N/A*	2.37	*N/A*	12	12.18	0.00	8.22	*N/A*	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			585	10.30	833	55.82	*12.56	17.02	*0.00	50	86.35	7.72	25.33	*45	*535.1	*129.31	0.79
% of Calories				15.85 %		38.17%	*3.12%	26.2%	*0.0%		59.0%		17.3%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10	<=0									

Thursday - 02/12/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991012 honey bunches of oats	1 ea	100	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
990436 honeydew	8 oz	100	133	0.14	67	30.07	0.00	0.52	0.00	0	33.66	2.96	2.00	*N/A*	22.2	66.65	0.63
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	*N/A*	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	1.54	107	12.69	*N/A*	2.37	*N/A*	12	12.18	0.00	8.22	*N/A*	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			442	1.22	311	53.54	*10.00	4.68	*0.00	10	91.09	6.96	14.15	*45	*325.7	*66.95	*0.68
% of Calories				2.48%		48.45%	*9.05%	9.5%	*0.0%		82.4%		12.8%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10	<=0									

Friday - 02/13/2026

Reimbursable Meal Total 100

Base Menu Spreadsheet

DC Central Kitchen

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990861 apple cinnamon bread	2 wt oz	100	155	0.72	100	14.02	*12.35	4.37	*0.00	17	26.83	1.62	2.66	*N/A*	*29.9	*0.19	*0.96
000882 hard boiled egg	1 ea	100	78	1.63	62	0.56	0.00	5.30	0.00	186	0.56	0.00	6.29	*N/A*	25.0	0.00	0.60
000812 orange wedges	6 ea	100	86	0.03	0	17.20	*N/A*	0.22	0.00	0	21.62	4.42	1.73	*N/A*	73.6	97.89	0.18
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	*N/A*	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	1.54	107	12.69	*N/A*	2.37	*N/A*	12	12.18	0.00	8.22	*N/A*	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			418	3.46	276	44.26	*12.35	11.56	*0.00	213	61.44	6.04	18.84	*45	*431.9	*98.38	*1.79
% of Calories				7.45%		42.35%	*11.82%	24.9%	*0.0%		58.8%		18.0%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10	<=0									

Monday - 02/16/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000145 no school																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10	<=0									

Tuesday - 02/17/2026

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991010 strawberry shredded wheat	1 ea	100	190	0.00	5	11.00	10.00	1.00	0.00	0	46.00	6.00	5.00	*N/A*	*N/A*	*N/A*	*N/A*
000673 fresh apple	1 ea	100	95	0.05	2	18.91	*N/A*	0.31	0.00	0	25.13	4.37	0.47	*N/A*	10.9	8.37	0.22
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	*N/A*	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	1.54	107	12.69	*N/A*	2.37	*N/A*	12	12.18	0.00	8.22	*N/A*	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			383	1.13	121	42.38	*10.00	2.97	*0.00	10	83.57	10.37	13.63	*45	*314.4	*8.67	*0.27
% of Calories				2.66%		44.26%	*10.44 %	7.0%	*0.0%		87.3%		14.2%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10	<=0									

Wednesday - 02/18/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990916 turkey ham & cheese on a croissant	1 ea	95	331	8.31	622	4.00	3.00	16.59	0.00	50	29.50	3.00	19.09	*N/A*	228.5	*0.00	1.79
990826 croissant	1 ea	5	190	3.00	190	4.00	3.00	7.00	0.00	0	29.00	3.00	5.00	*N/A*	26.0	0.00	1.44
000603 jelly	1 ea	5	35	0.00	0	9.00	8.00	0.00	0.00	0	9.00	0.00	0.00	*N/A*	0.0	0.00	0.00
990421 cantaloupe	8 oz	100	120	0.18	56	27.63	*N/A*	0.67	0.00	0	28.69	3.16	2.95	*N/A*	31.6	129.01	0.74
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	*N/A*	5	13.00	0.00	8.00	150	300.0	1.00	0.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000230 1% Lowfat Milk	8 oz	69	102	1.54	107	12.69	*N/A*	2.37	*N/A*	12	12.18	0.00	8.22	*N/A*	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			544	9.30	771	44.56	*3.40	18.43	*0.00	58	71.04	6.16	29.49	*45	553.5	*129.31	2.56
% of Calories				15.39 %		32.76%	*2.21%	30.5%	*0.0%		52.2%		21.7%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10	<=0									

Thursday - 02/19/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000001 bagel	1 ea	100	171	0.00	331	5.70	4.56	1.14	0.00	0	34.21	4.56	6.84	*N/A*	0.0	0.00	0.00
990427 cream cheese	1 ea	100	51	3.04	142	1.01	0.00	4.56	0.00	15	2.02	0.00	0.38	*N/A*	*N/A*	0.00	0.00
000886 jelly	1 ea	100	35	0.00	0	9.00	8.00	0.00	0.00	0	9.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
990703 yogurt	1 ea	100	82	0.00	69	12.00	7.00	0.00	0.00	0	16.00	0.00	3.00	*N/A*	312.5	0.30	0.00
000812 orange wedges	6 ea	100	86	0.03	0	17.20	*N/A*	0.22	0.00	0	21.62	4.42	1.73	*N/A*	73.6	97.89	0.18
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	*N/A*	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	1.54	107	12.69	*N/A*	2.37	*N/A*	12	12.18	0.00	8.22	*N/A*	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			524	4.15	656	57.39	*19.56	7.58	*0.00	25	95.29	8.98	20.11	*45	*689.6	*98.49	0.23
% of Calories				7.13%		43.81%	*3.48%	13.0%	*0.0%		72.7%		15.4%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10	<=0									

Friday - 02/20/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990036 pineapple carrot bread	2 wt oz	100	164	0.71	113	16.65	*13.97	4.34	*0.00	17	29.34	1.60	2.71	*N/A*	*33.2	*1.87	*0.98
000882 hard boiled egg	1 ea	100	78	1.63	62	0.56	0.00	5.30	0.00	186	0.56	0.00	6.29	*N/A*	25.0	0.00	0.60
990436 honeydew	8 oz	100	133	0.14	67	30.07	0.00	0.52	0.00	0	33.66	2.96	2.00	*N/A*	22.2	66.65	0.63
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	*N/A*	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	1.54	107	12.69	*N/A*	2.37	*N/A*	12	12.18	0.00	8.22	*N/A*	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			474	3.57	356	59.75	*13.97	11.82	*0.00	213	75.99	4.56	19.16	*45	*383.8	*68.82	*2.25
% of Calories				6.78%		50.42%	*11.79 %	22.4%	*0.0%		64.1%		16.2%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10	<=0									

Monday - 02/23/2026

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990984 cinnamon chex	1 ea	100	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00
000673 fresh apple	1 ea	100	95	0.05	2	18.91	*N/A*	0.31	0.00	0	25.13	4.37	0.47	*N/A*	10.9	8.37	0.22
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	*N/A*	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	1.54	107	12.69	*N/A*	2.37	*N/A*	12	12.18	0.00	8.22	*N/A*	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			423	1.63	456	43.38	*12.00	6.97	*0.00	10	83.57	7.37	11.63	*45	639.4	*31.67	27.27
% of Calories				3.47%		41.02%	*11.35 %	14.8%	*0.0%		79.0%		11.0%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10	<=0									

Tuesday - 02/24/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000001 bagel	1 ea	100	171	0.00	331	5.70	4.56	1.14	0.00	0	34.21	4.56	6.84	*N/A*	0.0	0.00	0.00
990427 cream cheese	1 ea	100	51	3.04	142	1.01	0.00	4.56	0.00	15	2.02	0.00	0.38	*N/A*	*N/A*	0.00	0.00
000603 jelly	1 ea	100	35	0.00	0	9.00	8.00	0.00	0.00	0	9.00	0.00	0.00	*N/A*	0.0	0.00	0.00
990703 yogurt	1 ea	100	82	0.00	69	12.00	7.00	0.00	0.00	0	16.00	0.00	3.00	*N/A*	312.5	0.30	0.00
000812 orange wedges	6 ea	100	86	0.03	0	17.20	*N/A*	0.22	0.00	0	21.62	4.42	1.73	*N/A*	73.6	97.89	0.18

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	*N/A*	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	1.54	107	12.69	*N/A*	2.37	*N/A*	12	12.18	0.00	8.22	*N/A*	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			524	4.15	656	57.39	*19.56	7.58	*0.00	25	95.29	8.98	20.11	*45	*689.6	*98.49	0.23
% of Calories				7.13%		43.81%	*3.48%	13.0%	*0.0%		72.7%		15.4%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10	<=0									

Wednesday - 02/25/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000448 english muffin	1 ea	100	120	0.00	150	1.00	1.00	1.50	0.00	0	25.00	3.00	6.00	*N/A*	*N/A*	*N/A*	*N/A*
000886 jelly	1 ea	100	35	0.00	0	9.00	8.00	0.00	0.00	0	9.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
000488 butter	1 ea	100	36	2.57	32	0.00	0.00	4.06	0.16	11	0.00	0.00	0.04	*N/A*	1.2	0.00	0.00
999091 cheese stick	1 ea	100	110	6.00	190	0.00	0.00	9.00	0.00	25	0.00	0.00	7.00	*N/A*	200.0	*N/A*	0.00
990421 cantaloupe	8 oz	100	120	0.18	56	27.63	*N/A*	0.67	0.00	0	28.69	3.16	2.95	*N/A*	31.6	129.01	0.74
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	*N/A*	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	1.54	107	12.69	*N/A*	2.37	*N/A*	12	12.18	0.00	8.22	*N/A*	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

Base Menu Spreadsheet

DC Central Kitchen

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			519	9.83	543	50.11	*9.00	16.88	*0.16	46	75.12	6.16	24.15	*45	*536.3	*129.31	*0.79
% of Calories				17.05 %		38.62%	*0.77%	29.3%	*0.3%		57.9%		18.6%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10	<=0									

Thursday - 02/26/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990985 blueberry chex	1 ea	100	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
000812 orange wedges	6 ea	100	86	0.03	0	17.20	*N/A*	0.22	0.00	0	21.62	4.42	1.73	*N/A*	73.6	97.89	0.18
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	*N/A*	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	1.54	107	12.69	*N/A*	2.37	*N/A*	12	12.18	0.00	8.22	*N/A*	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			425	1.61	434	40.68	*11.00	6.88	*0.00	10	80.05	5.42	12.88	*45	702.0	*121.19	32.23
% of Calories				3.41%		38.29%	*10.35 %	14.6%	*0.0%		75.3%		12.1%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10	<=0									

Friday - 02/27/2026

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990034 pumpkin bread	2 wt oz	100	157	0.70	110	14.53	*13.97	4.26	*0.00	13	27.61	1.81	2.63	*N/A*	*33.2	*0.70	*1.12
000882 hard boiled egg	1 ea	100	78	1.63	62	0.56	0.00	5.30	0.00	186	0.56	0.00	6.29	*N/A*	25.0	0.00	0.60
990436 honeydew	8 oz	100	133	0.14	67	30.07	0.00	0.52	0.00	0	33.66	2.96	2.00	*N/A*	22.2	66.65	0.63
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	*N/A*	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	1.54	107	12.69	*N/A*	2.37	*N/A*	12	12.18	0.00	8.22	*N/A*	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	1.50	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			467	3.55	353	57.63	*13.97	11.74	*0.00	209	74.26	4.77	19.08	*45	*383.9	*67.66	*2.39
% of Calories				6.84%		49.36%	*11.97%	22.6%	*0.0%		63.6%		16.3%				
Weekly Nutrient Guideline			450 - 500	<10	540		<10	<=0									

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	474	4	483	49	*11.91	10.35	*0.02	66	80.52	6.94	18.81	*45	*528.6	*84.42	*7.19
% of Calories		8.49%		41.48%	*8.44%	19.7%	*0.0%		67.9%		15.9%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



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