



November Breakfast Menu

BISHOP JOHN WALKER

What do the colors on the menu mean?

GREEN = locally-sourced

BLUE = international

ORANGE = Fresh Feature Friday Winner!

Student's choice of skim or 1% milk provided at every meal.

Menu subject to change based on availability.

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <ul style="list-style-type: none"> raspberry yogurt whole grain strawberry oatmeal bar fresh apple 	<p>2</p> <ul style="list-style-type: none"> whole grain golden grahams cereal whole wheat graham crackers fresh pear 	<p>3</p> <ul style="list-style-type: none"> multi-grain frosted flakes whole wheat graham crackers fresh orange wedges 	<p>4</p> <ul style="list-style-type: none"> whole wheat bagel light cream cheese grape jelly fresh banana 100% grape juice 	<p>5</p> <ul style="list-style-type: none"> whole grain blueberry muffin fresh cantaloupe
<p>8</p> <ul style="list-style-type: none"> whole wheat bagel light cream cheese grape jelly fresh apple 	<p>9</p> <ul style="list-style-type: none"> whole grain banana bread fresh pear 	<p>10</p> <ul style="list-style-type: none"> whole grain frosted mini wheat cereal whole wheat graham crackers fresh orange wedges 	<p>11</p> <p>holiday no school</p>	<p>12</p> <p>holiday no school</p>
<p>15</p> <ul style="list-style-type: none"> whole grain blueberry muffin fresh apple 	<p>16</p> <ul style="list-style-type: none"> multi-grain cinnamon flakes whole wheat graham crackers fresh pear 	<p>17</p> <ul style="list-style-type: none"> whole wheat bagel light cream cheese fresh orange wedges 	<p>18 cranberry pie parfait</p> <ul style="list-style-type: none"> vanilla yogurt whole grain granola cranberry sauce fresh banana 	<p>19</p> <ul style="list-style-type: none"> whole grain golden grahams cereal whole wheat graham crackers fresh cantaloupe
<p>22</p> <ul style="list-style-type: none"> whole grain apple cinnamon muffin fresh apple 	<p>23</p> <ul style="list-style-type: none"> whole wheat bagel light cream cheese strawberry jelly fresh pear 	<p>24</p> <p>holiday no school</p>	<p>25</p> <p>holiday no school</p>	<p>26</p> <p>holiday no school</p>
<p>29</p> <ul style="list-style-type: none"> raspberry yogurt whole grain strawberry oatmeal bar fresh apple 	<p>30</p> <ul style="list-style-type: none"> whole grain golden grahams cereal whole wheat graham crackers fresh pear 	<p>1</p> <ul style="list-style-type: none"> multi-grain frosted flakes whole wheat graham crackers fresh orange wedges 	<p>2</p> <ul style="list-style-type: none"> whole wheat bagel light cream cheese grape jelly fresh banana 100% grape juice 	<p>3</p> <ul style="list-style-type: none"> whole grain blueberry muffin fresh cantaloupe

LAUNCH YOUR DAY WITH BREAKFAST!

Wake up and fuel up to help your day take off!

