



February Breakfast Menu

BISHOP BREAKFAST

No Dairy

All grains served are whole grain rich
Student's choice of Lactaid or soy milk
 provided at every meal.

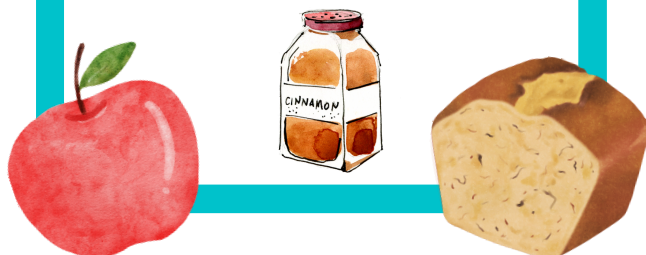
Menu subject to change based on availability

This institution is an equal opportunity provider

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/29 <ul style="list-style-type: none"> cereal whole grain granola fresh apple 	1/30 <ul style="list-style-type: none"> blueberry chex graham crackers applesauce cup 100% orange juice 	1/31 <ul style="list-style-type: none"> pineapple bread graham crackers orange wedges 	2/1 <ul style="list-style-type: none"> cinnamon rice chex graham crackers fresh banana 100% orange juice 	2/2 <ul style="list-style-type: none"> whole grain bagel NO cream cheese jelly fresh cantaloupe
5 <ul style="list-style-type: none"> whole grain bagel NO cream cheese jelly fresh apple 	6 <ul style="list-style-type: none"> cereal whole grain granola fresh pear 	7 <ul style="list-style-type: none"> banana bread fresh orange 	8 <ul style="list-style-type: none"> cereal whole grain granola fresh banana 100% orange juice 	9 <ul style="list-style-type: none"> honey cheerios graham crackers fresh cantaloupe
12 <ul style="list-style-type: none"> whole grain frosted mini-wheats cereal cheese stick fresh apple 	13 <ul style="list-style-type: none"> cereal whole grain granola fresh pear 	14 <ul style="list-style-type: none"> apple cinnamon bread fresh orange 	15 no school	16 no school
19 no school	20 <ul style="list-style-type: none"> blueberry chex cereal graham crackers cinnamon apple sauce 100% orange juice 	21 <ul style="list-style-type: none"> frosted flakes cereal graham crackers fresh orange 	22 <ul style="list-style-type: none"> banana bread fresh banana 100% orange juice 	23 <ul style="list-style-type: none"> cereal whole grain granola fresh cantaloupe
26 <ul style="list-style-type: none"> cereal whole grain granola fresh apple 	27 <ul style="list-style-type: none"> whole grain bagel NO cream cheese jelly fresh pear 	28 <ul style="list-style-type: none"> pineapple carrot bread graham crackers fresh orange 	29 <ul style="list-style-type: none"> cinnamon rice chex graham crackers fresh banana 100% orange juice 	3/1 <ul style="list-style-type: none"> whole grain bagel NO cream cheese jelly fresh cantaloupe

FRESH FEATURE

We're celebrating the cold weather with our **NEW** apple cinnamon bread! A cozy take on our delicious breakfast bread!





February Lunch Menu

BISHOP LUNCH

No Dairy

All grains served are whole grain rich
Student's choice of Lactaid or soy milk provided at every meal.

Menu subject to change based on availability

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/29 <ul style="list-style-type: none"> baked fish sticks hot sauce whole grain roll sauteed green beans steamed corn fresh pear 	1/30 <ul style="list-style-type: none"> tofu bolognese whole grain spaghetti mixed greens salad cucumber coins italian dressing orange wedges 	1/31 <ul style="list-style-type: none"> herb roasted chicken corn tortilla chips chili black beans steamed corn sour cream fresh banana 	2/1 <ul style="list-style-type: none"> lentil sheperd's pie whole grain roll steamed carrots (6 oz scoop) cantaloupe 	2/2 <ul style="list-style-type: none"> chicken yassa veggie chik'n nuggets jollof rice honey cinnamon sweet potatoes efo spinach fresh apple
5 <ul style="list-style-type: none"> turkey & bean chili tortilla chips steamed corn red pepper strips italian dressing fresh pear 	6 <ul style="list-style-type: none"> sunbutter & jelly sandwich baby spinach salad baby carrots honey mustard dressing orange wedges 	7 <ul style="list-style-type: none"> herb roasted chicken tender whole grain roll braised collard greens sweet potato hash ketchup all-natural syrup fresh banana 	8 <ul style="list-style-type: none"> beef burger whole grain bun roasted carrots baked potato wedges ketchup & mustard cantaloupe 	9 <ul style="list-style-type: none"> jamaican jerk chicken drum yellow rice red beans sauteed cabbage fresh apple
12 <ul style="list-style-type: none"> all beef hot dog whole grain bun chipotle pinto beans steamed corn ketchup & mustard fresh pear 	13 <ul style="list-style-type: none"> roasted turkey whole grain roll sauteed green beans steamed corn orange wedges 	14 <ul style="list-style-type: none"> pulled bbq chicken sandwich herb roasted sweet potatoes (6 oz scoop) fresh banana 	15 no school	16 no school
19 no school	20 <ul style="list-style-type: none"> turkey ham sandwich sauteed green beans steamed corn orange wedges 	21 <ul style="list-style-type: none"> herb roasted chicken drum whole grain roll cinnamon roasted butternut squash braised collard greens fresh banana 	22 <ul style="list-style-type: none"> sunbutter & jelly sandwich roasted cauliflower steamed green peas cantaloupe 	23 <ul style="list-style-type: none"> sweet chili chicken sweet chili tofu brown rice steamed carrots asian broccoli fresh apple
26 <ul style="list-style-type: none"> baked fish sticks whole grain roll sauteed green beans steamed corn hot sauce fresh pear 	27 <ul style="list-style-type: none"> tofu bolognese whole grain spaghetti mixed greens salad cucumber coins italian dressing orange wedges 	28 <ul style="list-style-type: none"> herb roasted chicken corn tortilla chips chili black beans steamed corn sour cream fresh banana 	29 <ul style="list-style-type: none"> lentil sheperd's pie whole grain roll steamed carrots (6 oz scoop) cantaloupe 	3/1 <ul style="list-style-type: none"> chicken yassa veggie chik'n nuggets jollof rice honey cinnamon sweet potatoes efo spinach fresh apple

African Americans & The Arts

Did you know that "Chicken & Waffles" was invented during the Harlem Renaissance? Try our take on this iconic dish on Wednesday, February 7th.



Chicken & Waffles
Braised Collard Greens
Sweet Potato Hash
100% Orange Juice
Syrup & Ketchup



Scan the QR code to learn more about the history of Chicken & Waffles

